



## BORN FOR THIS DEVOTION AND DISCUSSION GUIDE

### **Psalms 1:1-3 ESV**

1 Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of the scoffers; 2 but his delight is in the law of the LORD, and on his law he meditates day and night. 3 He is like a tree planted by streams of water that yields its fruit in season, and its leaf does not wither. In all that he does, he prospers.

### **Opening Thoughts:**

- Sobering truth: We are always moving toward our most dominate thought. *Words* shape your perspective. *Perspective* shapes your beliefs. *Beliefs* shape your words. Your *words* shape your course.
- Is there an area in your life where you can see that this truth has been revealed? What words can you begin speaking that can change the trajectory in that area of your life?
- Stop cursing the ground you were called to bless. What are you cursing that you should be blessing? Where do you desire to see blessings manifest in your life? Are they manifesting as expected? How do you maximize those blessings or start to invite them?

### **Matthew 14:13-21 ESV**

<sup>13</sup> Now when Jesus heard this, he withdrew from there in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns. <sup>14</sup> When he went ashore he saw a great crowd, and he had compassion on them and healed their sick. <sup>15</sup> Now when it was evening, the disciples came to him and said, “This is a desolate place, and the day is now over; send the crowds away to go into the villages and buy food for themselves.” <sup>16</sup> But Jesus said, “They need not go away; you give them something to eat.” <sup>17</sup> They said to him, “We have only five loaves here and two fish.” <sup>18</sup> And he said, “Bring them here to me.” <sup>19</sup> Then he ordered the crowds to sit down on the grass, and taking the five loaves and the two fish, he looked up to heaven and said a blessing. Then he broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. <sup>20</sup> And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. <sup>21</sup> And those who ate were about five thousand men, besides women and children.

### **Key Takeaway: We are designed for blessing!**

#### **1) If you want it blessed, get it planted (verse 16).**

- Your best blessing is always found where Christ has called you to plant.
- According to verse 15 and 16, what words did the disciples speak about the place where they were? What did they want Jesus to do? How did Jesus respond? What does this tell you about the place where they were positioned (planted)?
- Read Psalm 92:12-15. What are the results of remaining planted? Some questions to ask yourself: Are you planted in His Word? Are you planted in His House? Are you planted in His Design?

- Life Principle: Your best blessing is always found where Christ has called you. Plant yourself where you are called. Blessings are part of your divine design.

## 2) If you want it blessed, guard your words (verse 17).

- What words did the disciples say in verse 17? What does the word “only” tell us about what the disciples were thinking?
- Read Deuteronomy 30:19-20. Some questions to ask yourself:  
What are you desiring to do? What are you speaking over it?  
What are your fears? Are you giving voice to your fears?  
Where is your faith? Are you speaking your faith?  
What will you choose? Life or death? Blessing or cursing?
- A blessing releases heaven and restricts hell. A curse restricts heaven and releases hell.
- Consider what God says about you, your children, your home, your marriage, your finances, your job, and your investments. Meditate on these thoughts and begin to say what God says.
- Life Principle: If it’s not enough to meet the need, then it must be seed. You don’t eat seed and you don’t curse seed.

## 3) If you want it blessed, give it back (verse 18).

- The disciples put what they had in the hands of the One who had authority to speak over it. Blessings carry weight when spoken by someone with true authority. Your words carry weight in areas you have been given authority over. Name those areas and speak words of blessing.
- Read Genesis 24:60. Can you identify how a blessing of position, prosperity, and protection was spoken by Rebekah’s brother to her as she was leaving?
- Life Principle: In my hands, it’s not enough. In His hands, it’s more than enough.

## 4) If you want it blessed, give it away (verse 19).

- Until the bread and fish were blessed, they were insufficient for the task. In order for something to be blessed, it must be given to the Lord. In order for it to multiply it had to be broken and then given away.
- When blessings manifest in your life, ask the Lord, where does it go? Who is this for? How can this be a blessing to others?
- When was the last time you shared your blessing with another? Has someone blessed you out of their abundance of blessing?
- Life Principle: We are blessed to be a blessing.

## 5) If you want it blessed, trust the One who gave it all (verse 20).

- The disciples demonstrated their trust in Jesus as they handed over the bread and fish. As Jesus multiplied what was given to Him, not only were the disciples satisfied, but they were all satisfied.
- What area in your life is in lack (not enough)? How can you demonstrate trust in Jesus to provide, satisfy, with leftovers to share?
- Life Principle: When it passes through the work of Christ on the cross, the curse is broken and the blessing is redeemed.

### Application:

- **Key Takeaway: We are designed for blessing!**
- Are you cursing the ground you were called to bless?
- Are you planted where Christ called you? Are you guarding your words, and putting your “not enough” into His hands, trusting in the work of the Cross to bless and multiply, that you may be a blessing?