



## I AM IN TRANSITION DEVOTION AND DISCUSSION GUIDE

### 2 Corinthians 3:18 NKJV

But we all, with unveiled face, beholding as in a mirror the glory of the lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord?

#### Opening Thoughts:

- There is never a moment in your life that you are not transitioning.
- When we transition from one season to the next, there is a death to what was, therefore we grieve.
- Five stages of grief in transition: Shock/denial, anger, depression, bargaining, acceptance.
- Is there an area of your life that you find yourself in transition right now? Can you identify with one or more of these stages of grief as you leave behind what was?

#### Key Takeaway: Right now is either your starting point or your staying point. The decision is yours!

- Read Matthew 3:11-17 – 4:1-11. We can learn five necessities of transition from one of the greatest transitions in the life of Jesus.

#### 1. To successfully navigate the transition we must sincerely embrace repentance.

- Verse 11-15: “I baptize you with water for repentance...Jesus came from Galilee to John at the Jordan to be baptized by him...But Jesus answered him ‘Let it be so now, for thus it is fitting for us to fulfill all righteousness.’
- John’s baptism was a baptism of repentance. How would you define repentance? How would you describe repentance to someone that did not understand it?
- Greek word for repentance is *metanoia* meaning to change one’s way of life as the result of a complete change of thought and attitude with regard to sin and righteousness; culture shift.
- Repentance is a total transformation from our ways, culture, thinking, identity, to His ways, His culture, His identity.
- Read Romans 12:2. What past seasons do you need to repent of? What season are you living in denial from? What season are you grieving over the loss of?
- Life Principle: What got you here will keep you here if you choose to hold on to what needs to be transformed.

#### 2. To successfully navigate transition I must be saturated in His Spirit.

- Verse 16-17: “When He had been baptized, Jesus came up immediately from the water; and behold, the heavens were opened to Him, and He saw the Spirit of God descending like a dove and alighting upon

Him. And suddenly a voice came from heaven saying, ‘This is my beloved Son, in whom I am well pleased.’

- Three things Jesus needed in Transition:  
The Heavens Open Above  
The Anointing of the Spirit  
The Affirmation of the Father
- Everything Jesus did, he did in his humanity, empowered by the Spirit. What did you do this past week that you could not do on your own but had to depend on the help of the Holy Spirit?
- Life Principle: His assignments will carry you outside your comfort zone. Holy Spirit is released when we step out in obedience into impossible assignments.

### **3. To successfully navigate transition I must seek to follow His voice.**

- Verse 4:1: “Then Jesus was led up by the Spirit into the wilderness.”
- Read John 16:13. What does this verse teach you about being led by the Holy Spirit?
- As we enter new territory, we need an experienced guide. The Holy Spirit is our guide. We spend time with and hear the voice of our guide in the secret place (Psalm 25:4).
- Read Isaiah 45:2. What treasures have you found in the secret place or during dark seasons this past year?

### **4. To successfully navigate transition I must stand upon His word.**

- Read verses 4:1-11. How many times did Jesus say, “It is written?” How did Jesus know what was written?
- Read Psalm 119:105. Think of an area in your life where you need to grow or change, or a promise you are waiting to be fulfilled (anxiety, fear, depression, healing). What Scriptures can you find and write down, speak, and pray until you see transition come to pass?

### **5. To successfully navigate transition I must be still and know He is God.**

- Verse 11: “Then the devil left Him, and behold, angels came and ministered to Him.”
- Read Psalm 46:10. How do you personally act on this verse? What does it look like for you to be still? What does it mean to know that He is God?
- Read Philippians 4:7. What do you do when the peace of God is not guarding your heart and your mind? Can you find some Scriptures about peace to write down, read, and pray?
- Life principle: Walk slowly in transition or you may hurt yourself.

### **Application:**

- **Key Takeaway: Right now is either your starting point or your staying point. The decision is yours!**
- Is there a time when you thought you would never make it? How did God bring you through, and what did you learn from it?
- Why must we maintain a humble and teachable spirit of repentance at all times?
- Give an example of a transition when God was taking you in a direction that most everyone else did not agree with.
- Why is it important to walk slowly in dark times? Why is it so hard to walk slowly?
- Matthew 28:19: “Go therefore and make disciples of all nations.” We must not stay and sit, Jesus says serve and send. How much of your life is devoted to His final and greatest assignment?